

Reflect on the Impact of Music in the New Era

Liyun Wan¹

¹ Anhui Chuzhou Technician College, China

Correspondence: Liyun Wan, Anhui Chuzhou Technician College, China.

doi:10.56397/JARE.2024.09.08

Abstract

In the context of the rapid progress of the times, music is in a continuous state of evolution and innovation. The music of the new era, with its unique style and vivid expression, has exerted a profound and far-reaching impact on our lives. This paper conducts in-depth reflection on the influence of music in the new era on personal emotions, social culture, and artistic development. By analyzing the characteristics and development trends of music in the new era, it delves into its positive role in fulfilling people's emotional needs, promoting cultural exchanges, and driving artistic innovation. At the same time, it also examines the potential issues such as excessive commercialization and aesthetic simplification. Finally, it puts forward prospects for the future development of music in the new era, emphasizing that while maintaining innovation, we should attach great importance to the diversity and rich cultural connotation of music to ensure its sustainable and healthy development.

Keywords: new age music, effect, emotional needs, cultural exchange, artistic innovation

1. Introduction

In today's new era, music, as an important art form and cultural carrier, has an increasingly profound impact on people's lives (Siangphloen P, Shepherd D, Kantono K, et al., 2024). With the advancement of science and technology and the diversified development of culture, the music of the new era presents unprecedented richness and diversity. Studying the influence of music in the new era will help us better understand the value and role of music in contemporary society, and provide useful guidance for the creation, dissemination and appreciation of music (Riegel J, Schüller A & Reichenbach T., 2024).

The research of domestic and foreign scholars on music in the new era mainly focuses on music style, creative techniques, and market communication. Although there is some

attention to the influence of music in the new era, there is a lack of systematic and in-depth analysis (Tao M, Huang H, Gao J, et al., 2024). At present, there is still a limited research on the comprehensive impact of music in the new era on the development of individual emotions, social culture and art.

2. The Characteristics and Development Trends of Music in the New Era

2.1 Characteristics of New Age Music

Fusion: New age music exhibits a remarkable blending character (Sun X, Wang R, Cong S, et al., 2024). It is like a huge melting pot of music, skillfully integrating a variety of musical styles and elements, the elegance and solemnity of classical music, the fashionable vitality of pop music, the unique charm of national music, and the avant-garde dynamics of electronic music,

all of which have found their place in the music of the new era. Through this fusion, New Age Music has created a unique and fascinating musical language that breaks the boundaries of traditional musical styles and brings a new auditory experience to listeners (Akelma K F, Altinsoy S, Nalbant B, et al., 2024).

Innovation: In terms of music creation and expression, music in the new era has always maintained a trend of continuous innovation (Thorn L, Bro L M, Lund H T, et al., 2024). Creators are actively using new technologies and methods to inject new vitality into music. The wide application of digital music production technology has made the music creation process more efficient and accurate and can achieve more complex music arrangement and sound effect processing. The emergence of multimedia performances combines music with images, lighting and other elements to create a more shocking audio-visual effect and bring an immersive music experience to the audience.

Emotional: New age music places a high emphasis on expressing personal emotions and inner world. It's like a key that opens the door to people's hearts and minds and evokes strong emotional resonance (Sanchis C, Plaza M, Checa I, et al., 2024). Through delicate melodies, sincere lyrics and moving singing, the creators convey their emotions and experiences to the audience, so that the audience can find their own emotional sustenance in the music. This kind of emotion makes the music of the new era have a strong appeal, which can deeply touch people's hearts and become an indispensable part of people's lives.

Diversification: New age music covers a variety of music genres and themes, presenting a rich and colorful appearance. Whether it is passionate rock, lyrical ballads, dynamic pop, or traditional music full of national characteristics, they are all shining on the stage of music in the new era. At the same time, the themes of new age music are also very wide, involving all aspects of life, such as love, friendship, dreams, nature, etc. This diversity satisfies the aesthetic needs of different groups of people, allowing everyone to find their favorite musical styles and themes in the music of the new era.

2.2 The Development Trend of Music in the New Era

Technology-driven: With the rapid development of advanced technologies such as artificial intelligence and virtual reality, music in the new

era will be more closely integrated with technology (Wiśniewska M, Janczarek I, Wilk I, et al., 2019). Artificial intelligence technology can assist in music creation, by analyzing large amounts of music data, providing inspiration and creative suggestions for creators. Virtual reality technology can bring audiences a more immersive music experience, making them feel like they are in the world of music. The continuous progress of science and technology will create a richer and more diverse music experience for music in the new era and promote the innovation and development of music art (AB Newswire, 2024).

Globalization: In today's era of globalization, the dissemination and exchange of music has become more convenient and rapid (Zhou Y & Huang Y., 2024). New age music will be widely disseminated around the world and become a bridge for communication and integration between different cultures. Music creators from different countries can learn from each other, integrate musical elements from different cultures into their own works, and create musical works with a global perspective. This trend of globalization will promote mutual understanding and respect between different cultures and enrich the musical cultural heritage of humanity.

Personalization: With the improvement of people's living standards and the continuous change of aesthetic concepts, people's needs for music have become more personalized (Zhong, Y., Liu, Y., Gao, E., Wei, C., Wang, Z., & Yan, C., 2024). The new era of music will pay more attention to satisfying individual emotional and aesthetic needs, and provide customized music services for listeners (Gu, W., Zhong, Y., Li, S., Wei, C., Dong, L., Wang, Z., & Yan, C., 2024). The music platform can recommend personalized music works for users based on their preferences and listening history. At the same time, creators can also create music works that are more in line with the user's personality according to the user's feedback and needs. This trend of personalization will make music more relevant to people's lives and become an important way for people to express themselves and express their individuality (Liu, J., Li, K., Zhu, A., Hong, B., Zhao, P., Dai, S., ... & Su, H., 2024; Xu, Q., Feng, Z., Gong, C., Wu, X., Zhao, H., Ye, Z., ... & Wei, C., 2024).

Sustainability: In today's increasingly environmentally conscious world, the music

industry will also pay more attention to sustainability (Gao, H., Wang, H., Feng, Z., Fu, M., Ma, C., Pan, H., ... & Li, N., 2016). The green production and dissemination of music will become the direction of development in the future. Creators can reduce their impact on the environment by using eco-friendly music production methods. Music platforms can promote digital music, reduce the production and sales of physical records, and reduce resource consumption. At the same time, the music industry can also raise people's awareness of environmental protection and promote the sustainable development of society by holding music activities with the theme of environmental protection (Li, W., Li, H., Gong, A., Ou, Y., & Li, M., 2018; Wang, Z., Yan, H., Wei, C., Wang, J., Bo, S., & Xiao, M., 2024; Bo, S., Zhang, Y., Huang, J., Liu, S., Chen, Z., & Li, Z., 2024).

3. The Impact of New Age Music on Personal Emotions

3.1 Emotional Expression and Catharsis

New age music is like a treasure trove of emotions, providing people with an extremely important channel for emotional expression and catharsis (Zhou, R., 2024). In the hustle and bustle of life, people often face all kinds of stress and emotional distress, and music is like a close friend, silently accompanying people, giving them a space to release their inner pressure and emotions (Zhou, R., 2024).

By listening to and appreciating the music of the new age, people seem to enter a world of emotions that only belong to them (Zhang, Y., & Fan, Z., 2024). The beautiful melody, touching lyrics and rich musical expression can touch the softest places in people's hearts. When people are immersed in music, they can release their inner depression, anxiety and pain to their heart's content, and let their emotions be fully vented. Whether it's a cheerful rhythm or a soothing and melodious tune, it can stimulate different emotional responses and help people break free from the shackles of reality and find solace and relaxation for the soul (Zhang, Y., & Fan, Z., 2024).

3.2 Emotional Resonance and Identity

Emotional themes and expressions in new-age music are often powerful and can arouse strong resonance and recognition. Inspired by their own life experiences and emotional experiences, music creators have created music works full of

real feelings (Wang, J., Zhang, H., Zhong, Y., Liang, Y., Ji, R., & Cang, Y., 2024). The emotional stories, life insights and aspirations for a better future in these works are all closely connected to people's inner world (Wang, J., Li, X., Jin, Y., Zhong, Y., Zhang, K., & Zhou, C., 2024).

When people listen to the music of the new age, they often find their emotional sustenance in it. The familiar melodies and lyrics seem to tell their own stories, giving people a strong sense of belonging. Music has become a bridge for people to communicate and communicate with others, and by sharing their favorite music, people can find like-minded friends and feel the emotional resonance brought by music together. This kind of empathy and identification can not only enhance people's self-awareness, let them better understand their emotional needs and inner world, but also promote emotional communication and understanding between people, and create a more harmonious and warm social environment.

3.3 Emotional Healing and Growth

In this fast-paced, high-stress era, people's mental health issues are becoming increasingly prominent. Some new-age music has a magical emotional healing effect, which can help people relieve negative emotions such as anxiety and depression and promote mental health and growth.

When people are in a state of anxiety or depression, listening to soothing, soft new age music can relax their body and mind, reducing tension and restlessness. The harmonious melodies and warm timbre of music stimulate the brain to secrete neurotransmitters such as endorphins, which have analgesic, relaxing, and pleasurable effects, helping to relieve pain and improve emotional state. At the same time, some musical works with positive themes can also inspire people's fighting spirit and courage, making them stronger and more confident in the face of difficulties and challenges.

In addition, New Age music can also be used as an adjunct to psychotherapy. Music therapists can choose the appropriate music works for treatment according to different psychological problems and the needs of patients. Through the guidance and inspiration of music, patients can better understand their emotional problems and explore their inner world, so as to achieve emotional healing and growth.

4. The Impact of Music in the New Age on

Society and Culture

4.1 Cultural Exchange and Integration

As a dynamic cross-cultural art form, music plays a vital role in promoting the exchange and integration of different cultures. In this era of globalization, the musical elements of different countries and regions are like bright stars, colluding and blending with each other in the vast sky of music in the new era.

Unique musical styles, instrumental playing techniques, and traditional musical elements from all over the world have found a new stage in the creation of music in the new era. For example, the combination of Eastern classical music melodies and Western modern music rhythms, African drum beats and warm melodies of Latin America, this multicultural fusion not only enriches the content of music, but also expands the expressive power of music. The musical elements of each culture inject a unique charm and soul into the music of the new era, making it an artistic treasure that brings together the essence of global culture.

Through the new age music, people can appreciate the charm of different cultures and enhance their understanding and understanding of other countries and regions. Music knows no borders, it can transcend language and geographical barriers, touch people's hearts and emotions, and resonate emotionally. The musical exchange and integration between different cultures has promoted cultural diversity and inclusiveness, and injected new vitality into the development of human culture.

4.2 The Shaping of Social Values

The lyrics and themes in the music of the new age are like a mirror, which deeply reflects the values of society and the spirit of the times. Excellent music works of the new era are like bright lights, which can convey positive values, play an important role in the guidance of social customs, and effectively promote social harmony and progress.

With keen social insight and profound humanistic care, music creators integrate their thinking about social reality, yearning for a better life, and their perception of human emotions into their musical works. The values of love and care, courage and perseverance, dreams and pursuits conveyed in the lyrics can inspire people to maintain an optimistic and positive attitude in the face of life's challenges

and bravely pursue their dreams.

For example, some new era music works with the theme of environmental protection call on people to pay attention to environmental protection, cherish natural resources, and cultivate people's sense of social responsibility and environmental awareness. There are also some inspirational music works that encourage people to persevere in difficult situations, forge ahead, and work hard to achieve their goals in life. These excellent new era music works not only have high artistic value, but also play an active leading role in shaping social values.

4.3 The Development of Cultural Industries

The vigorous development of the music industry in the new era is like a powerful engine, driving the prosperity of related industries. Driven by the music industry in the new era, music performances, music production, music education and other fields are showing a vibrant scene.

The market for music performances is becoming increasingly popular, with various concerts, concerts, music festivals and other events attracting a large number of audiences. These performances not only provide music lovers with the opportunity to enjoy excellent musical works, but also provide a stage for artists to showcase their talents. At the same time, the development of the music performance industry has also led to the development of tourism, catering, accommodation and other related industries, contributing to economic growth.

The world of music production is also constantly innovating and evolving. The application of advanced music production technology and equipment has greatly improved the quality and expressiveness of musical works. Music producers are constantly exploring new musical styles and creative techniques, bringing more and more colorful musical works to listeners.

Music education has also received more attention in the development of the music industry in the new era. More and more people are starting to learn music and develop their artistic literacy. Music education institutions have sprung up like mushrooms, providing people with professional music education services. The popularization of music education not only improves people's aesthetic level, but also cultivates more talents for the sustainable development of the music industry.

5. The Influence of New Age Music on the Development of Art

5.1 Artistic Innovation and Breakthroughs

Music in the new era is like a bright star of artistic innovation, constantly showing amazing innovations in creative techniques and forms of expression, bringing new ideas and valuable methods to the development of the entire art field.

In terms of creative techniques, the new generation of music creators boldly explored, integrating various advanced music technologies and concepts. They use digital music production tools to create complex and subtle sounds, combining traditional instruments with electronic music elements to create a unique musical quality. At the same time, the innovative treatment of melody, harmony and rhythm makes the musical works more individual and charming. For example, the use of irregular rhythm patterns to break the traditional rhythm rules to create a musical atmosphere full of tension and vitality; The use of multi-part harmony creates rich musical layers that make the listener feel as if they are in a fantastical musical world.

In terms of expression, the music of the new era has the courage to break through the traditional boundaries. The fusion of music with other art forms has become a highlight, such as the perfect combination of music and dance, the dancers dance to the rhythm and melody of the music, the music gives emotion and soul to the dance, and the dance adds visual dynamism and charm to the music. The integration of music and drama has also brought a new experience to art, through the support and promotion of music, the drama plot is more exciting, and the characters are more full and three-dimensional. This cross-art fusion expands the space for artistic expression and brings richer and more diverse artistic enjoyment to the audience.

5.2 The Promotion of Art Education

The vigorous development of music in the new era has put forward new challenges and requirements for art education. In this era of innovation and change, music education can no longer be limited to the traditional teaching mode but should pay more attention to cultivating students' innovation ability and comprehensive quality.

Music education should guide students to

actively appreciate, and study music works in the new era, so that they can understand the latest development trends and innovations in music. By analyzing the creative techniques, expressions and cultural connotations of music in the new era, students will develop critical thinking and aesthetic ability. At the same time, students are encouraged to try to compose music for the new era, providing a rich creative platform and opportunities to stimulate their creativity and imagination.

In terms of teaching methods, diversified teaching methods should be adopted, combined with modern technology, such as music production software, online music platforms, etc., so that students can master the skills of music composition and performance in practice. In addition, emphasis should be placed on developing students' teamwork and interdisciplinary skills, encouraging them to collaborate with students from other art fields to create works across art forms.

6. Conclusion

This paper conducts a comprehensive analysis of the characteristics and development trends of music in the new era, as well as its impact on the development of personal emotions, social culture, and art. It also deeply reflects on the existing problems within music in the new era. Music in the new era has exerted an active role in fulfilling people's emotional needs, facilitating cultural exchanges, and promoting artistic innovation.

References

- AB Newswire. (2024). The New Vger "The Dark City" LP Takes Electronic/New Age Music to New Heights.
- Akelma K F, Altinsoy S, Nalbant B, et al. (2024). Comparison of classical and patient-preferred music on anxiety and recovery after inguinal hernia repair: a prospective randomized controlled study. *Perioperative Medicine*, 13(1), 89-89.
- Bo, S., Zhang, Y., Huang, J., Liu, S., Chen, Z., & Li, Z. (2024). Attention Mechanism and Context Modeling System for Text Mining Machine Translation. arXiv preprint arXiv:2408.04216.
- Gao, H., Wang, H., Feng, Z., Fu, M., Ma, C., Pan, H., ... & Li, N. (2016). A novel texture extraction method for the sedimentary structures' classification of petroleum

- imaging logging. In Pattern Recognition: 7th Chinese Conference, CCPR 2016, Chengdu, China, November 5-7, 2016, Proceedings, Part II 7 (pp. 161-172). Springer Singapore.
- Gu, W., Zhong, Y., Li, S., Wei, C., Dong, L., Wang, Z., & Yan, C. (2024). Predicting Stock Prices with FinBERT-LSTM: Integrating News Sentiment Analysis. *arXiv preprint arXiv:2407.16150*.
- Li, W., Li, H., Gong, A., Ou, Y., & Li, M. (2018, August). An intelligent electronic lock for remote-control system based on the internet of things. In *Journal of Physics: Conference Series* (Vol. 1069, No. 1, p. 012134). IOP Publishing.
- Liu, J., Li, K., Zhu, A., Hong, B., Zhao, P., Dai, S., ... & Su, H. (2024). Application of Deep Learning-Based Natural Language Processing in Multilingual Sentiment Analysis. *Mediterranean Journal of Basic and Applied Sciences (MJBAS)*, 8(2), 243-260.
- Riegel J, Schüller A, Reichenbach T. (2024). No evidence of musical training influencing the corti-cal contribution to the speech-FFR and its modulation through selective attention. *eNeuro*, ENEURO.0127-24.
- Sanchis C, Plaza M, Checa I, et al. (2024). Combined effects of a Mediterranean diet and respiratory muscle training on higher education woodwind musicians: A randomized controlled trial. *Heliyon*, 10(15), e35495-e35495.
- Siangphloen P, Shepherd D, Kantono K, et al. (2024). Lunch melodies: Investigating the impact of music on emotions, hunger, liking, and psychophysiology while viewing a lunch meal. *Food Research International*, 192, 114825.
- Sun X, Wang R, Cong S, et al. (2024). Effect of music intervention on perinatal depressive symptoms: A meta-analysis. *Journal of Psychiatric Research*, 178, 78-87.
- Tao M, Huang H, Gao J, et al. (2024). The effects of combining visual-auditory stimuli with exercise on short-term affect improvement: a randomized controlled trial. *Scientific reports*, 14(1), 18995.
- Thorn L, Bro L M, Lund H T, et al. (2024). Live music in the intensive care unit-A mixed-methods pilot study exploring the experience and impact of live music played for the adult intensive care patient. *Australian critical care: Official journal of the Confederation of Australian Critical Care Nurses*.
- Wang, J., Li, X., Jin, Y., Zhong, Y., Zhang, K., & Zhou, C. (2024). Research on image recognition technology based on multimodal deep learning. *arXiv preprint arXiv:2405.03091*.
- Wang, J., Zhang, H., Zhong, Y., Liang, Y., Ji, R., & Cang, Y. (2024). Advanced Multimodal Deep Learning Architecture for Image-Text Matching. *arXiv preprint arXiv:2406.15306*.
- Wang, Z., Yan, H., Wei, C., Wang, J., Bo, S., & Xiao, M. (2024). Research on Autonomous Driving Decision-making Strategies based Deep Reinforcement Learning. *arXiv preprint arXiv:2408.03084*.
- Wiśniewska M, Janczarek I, Wilk I, et al. (2019). Use of Music Therapy in Aiding the Relaxation of Geriatric Horses. *Journal of Equine Veterinary Science*, 78, 89-93.
- Xu, Q., Feng, Z., Gong, C., Wu, X., Zhao, H., Ye, Z., ... & Wei, C. (2024). Applications of Explainable AI in Natural Language Processing. *Global Academic Frontiers*, 2(3), 51-64.
- Zhang, Y., & Fan, Z. (2024). Memory and Attention in Deep Learning. *Academic Journal of Science and Technology*, 10(2), 109-113.
- Zhang, Y., & Fan, Z. (2024). Research on Zero knowledge with machine learning. *Journal of Computing and Electronic Information Management*, 12(2), 105-108.
- Zhong, Y., Liu, Y., Gao, E., Wei, C., Wang, Z., & Yan, C. (2024). Deep Learning Solutions for Pneumonia Detection: Performance Comparison of Custom and Transfer Learning Models. *medRxiv*, 2024-06.
- Zhou Y, Huang Y. (2024). The Origin and Significance of Research on Music Education Reform and Talent Cultivation Based on Evaluation Index. *Applied Mathematics and Nonlinear Sciences*, 9(1).
- Zhou, R. (2024). Advanced Embedding Techniques in Multimodal Retrieval Augmented Generation a Comprehensive Study on Cross Modal AI Applications. *Journal of Computing and Electronic Information Management*, 13(3), 16-22.
- Zhou, R. (2024). Understanding the Impact of

TikTok's Recommendation Algorithm on User Engagement. *International Journal of Computer Science and Information Technology*, 3(2), 201-208.