

# Mechanism of Action of Many Drugs Depend on Enzyme Inhibition

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## Abstract

Enzyme inhibition is an important process in the mode of action of many drugs used in the treatment of various diseases. Antibiotics, anti-hypertensive agents, anti-hyperlipidaemic, anti-glaucoma, and anti-malarial drugs act on specific enzymes, leading to bacteriostatic or bactericidal effects, lower blood pressure, reduce cholesterol levels, and cause smooth muscle relaxation of blood vessels. Understanding the mode of action of these drugs and how they affect enzymes is crucial for the development of new drugs and the optimization of existing therapies. This article highlights some various drugs that act through enzyme inhibition and their mechanisms of action.

**Keywords:** enzyme inhibition, beta-lactamase inhibitors, gyrase enzyme inhibitors, pteridine synthetase inhibitors, dihydrofolate inhibitors, angiotensin-converting enzyme inhibitors, HMG-CoA reductase inhibitors, phosphodiesterase inhibitors, cholinesterase inhibitors, carbonic anhydrase inhibitors, bacteriostatic, bactericidal, antibiotic, anti-hypertensive

## 1. Introduction

Many drugs rely on enzyme inhibition as a critical mechanism of action. Antibiotics for example often target key enzymes in microorganisms, such as beta lactamases inhibitors e.g., Clavulanic acid sulbactam and tazobactam are inhibit the beta lactamase enzyme which attack the beta lactam compounds (Penicillins and Cephalosporins) the beta lactamases not have strong antibacterial but it potentiate the activities of beta lactam

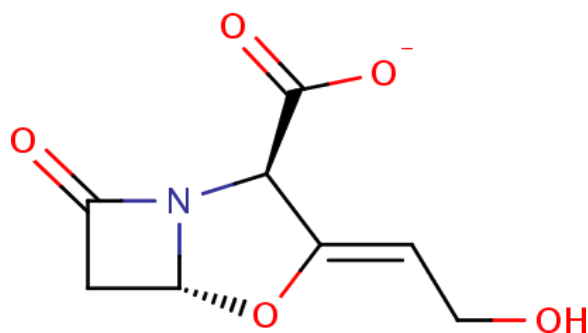
containing compounds, not merely the quinolone i.e., Ofloxacin and levofloxacin which inhibit the gyrase Enzyme required for protein Synthesis of bacteria, and the Sulfonamides which used as antibacterial drugs act through the Inhibition of dihydroptericoic acid which convert into dihydro folate and tetrahydrofolate to synthesize protein of microorganisms. Lastly the trimethoprim which used to inhibit the tetrahydrofolate reductase enzyme and used also antimalarial agent and combined with sulfamethoxazole where the affinity of

trimethoprim to dihydropteridin and tetrahydrofolate enzymes in microorganisms nearly 100,000 times as human, and also on enzyme inhibition to lower blood pressure or reduce cholesterol synthesis as angiotensin converting Enzyme Inhibition, where the chemical structure of Compound inhibit Synthesis of Angiotensin2 into Angiotensin1 which act on smooth muscle of blood vessels (contraction) cause elevation in blood pressure, also the cholesterol Synthesis in the body through Enzyme called 3-Hydroxy methyl glutrate reductase which act on 3-hydroxy methyl glutrate (HMG) (is a key step in cholesterol Synthesis) mevalonate for Formation of cholesterol, which precipitation on wall of blood vessels cause elevate in blood pressure. As well as the indirect cholinomimetics which inhibited by Cholinesterase Enzyme either reversible or irreversible e.g., Drugs used in glaucoma, also the carbonic anhydrase enzyme act via formation of carbonic acid from water and carbon dioxide which led to un excreted the water and cause increase in blood volume followed by high blood pressure. The Phosphodiesterase enzyme play an important role in smooth muscle contraction through formation of ATP, when the patient takes nitrates or nitrates the phosphodiesterase inhibit and hence no contraction so occurs smooth muscle relaxation of blood vessels cause vasodilatation lead to lowering the blood pressure.

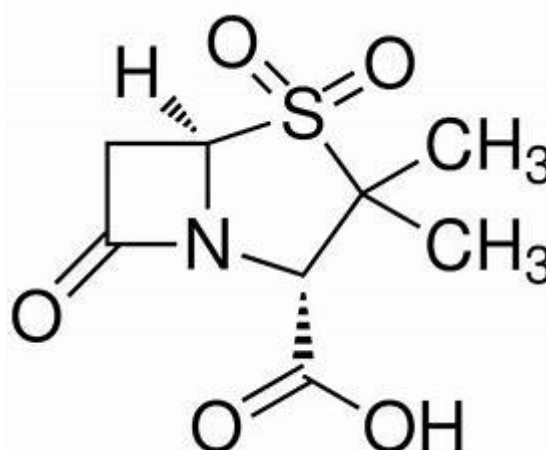
## 2. Chemistry and Discussion

Beta-lactamase inhibitors. Although  $\beta$ -lactamase inhibitors have little antibiotic activity of their own, they prevent bacterial degradation of beta-lactam antibiotics and thus extend the range of bacteria the drugs are effective against.

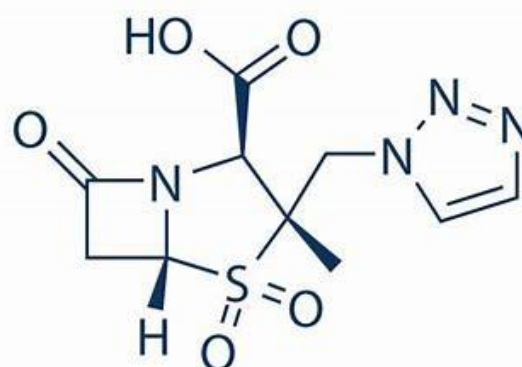
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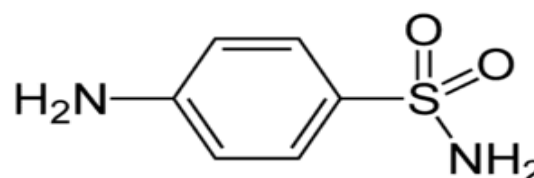
### Sulbactam



### Tazobactam

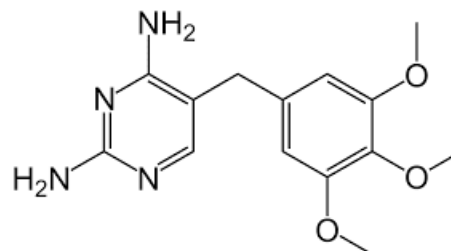
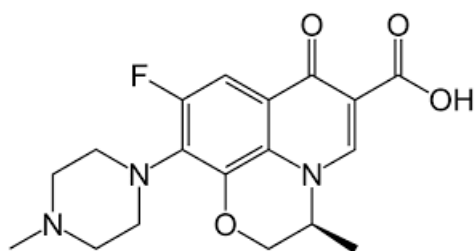


Sulfanilamide is a competitive inhibitor of bacterial enzyme dihydropteroate synthetase. This enzyme normally uses para-aminobenzoic acid (PABA) for synthesizing the necessary folic acid. The inhibited reaction is normally necessary in these organisms for the synthesis of folic acid.



Levofloxacin is a bactericidal antibiotic of the fluoroquinolone drug class that directly inhibits bacterial DNA synthesis. Levofloxacin promotes the breakage of DNA strands by inhibiting.

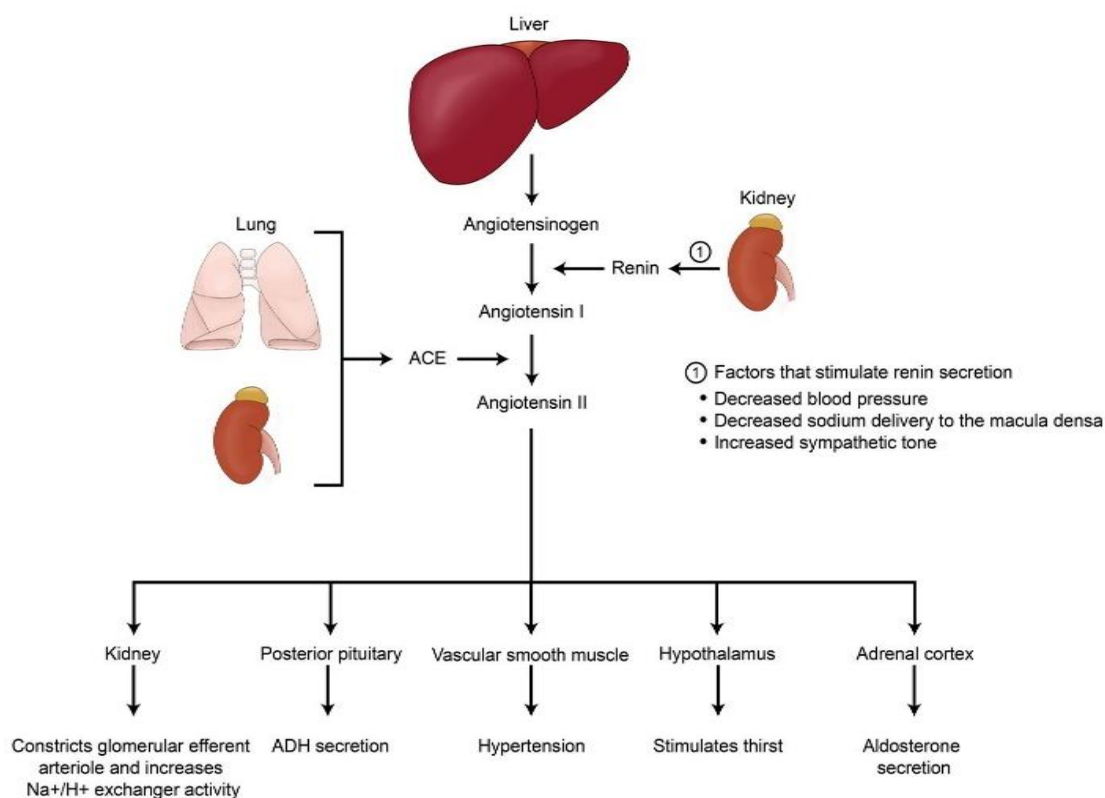
DNA-gyrase in susceptible organisms, which inhibits the relaxation of supercoiled DNA.

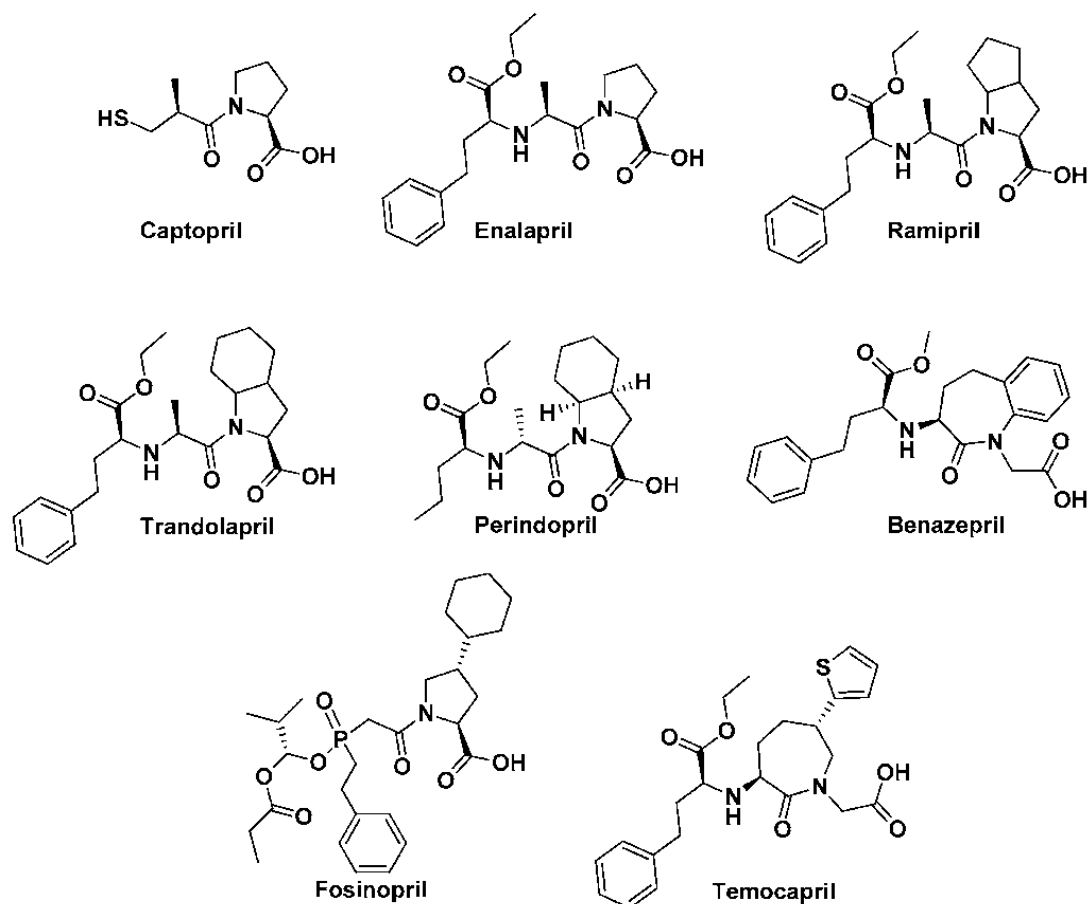


Trimethoprim exerts antimicrobial activity by blocking the reduction of dihydrofolate to tetrahydrofolate, the active form of folic acid, by susceptible organisms. It has inhibitory activity for most gram-positive aerobic cocci and some gram-negative aerobic bacilli.

ACE inhibitors prevent an enzyme in the body from producing angiotensin II, a substance that narrows blood vessels, this narrowing can cause high blood pressure and forces the heart to work harder. Angiotensin II also releases hormones that raise blood pressure, according to the mode of action of ACE inhibitors the inhibition lead to Treat the elevation of blood pressure.

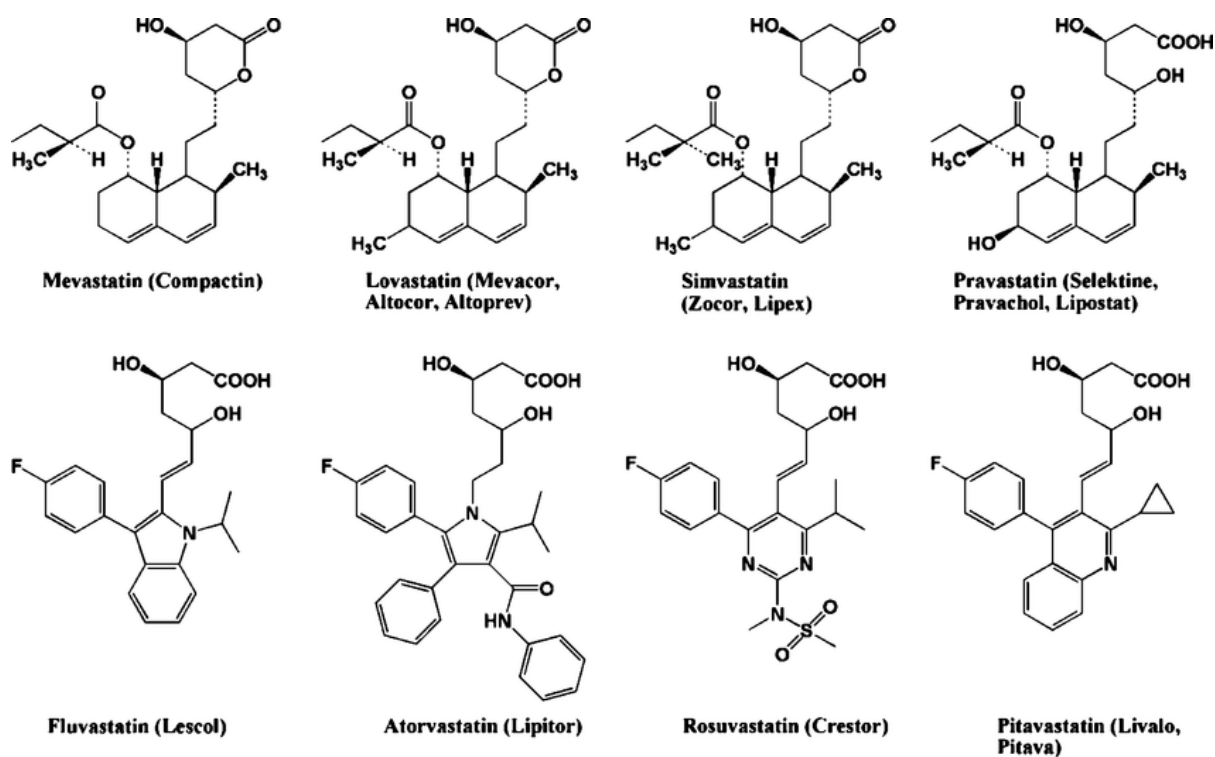
### Renin-Angiotensin-Aldosterone System

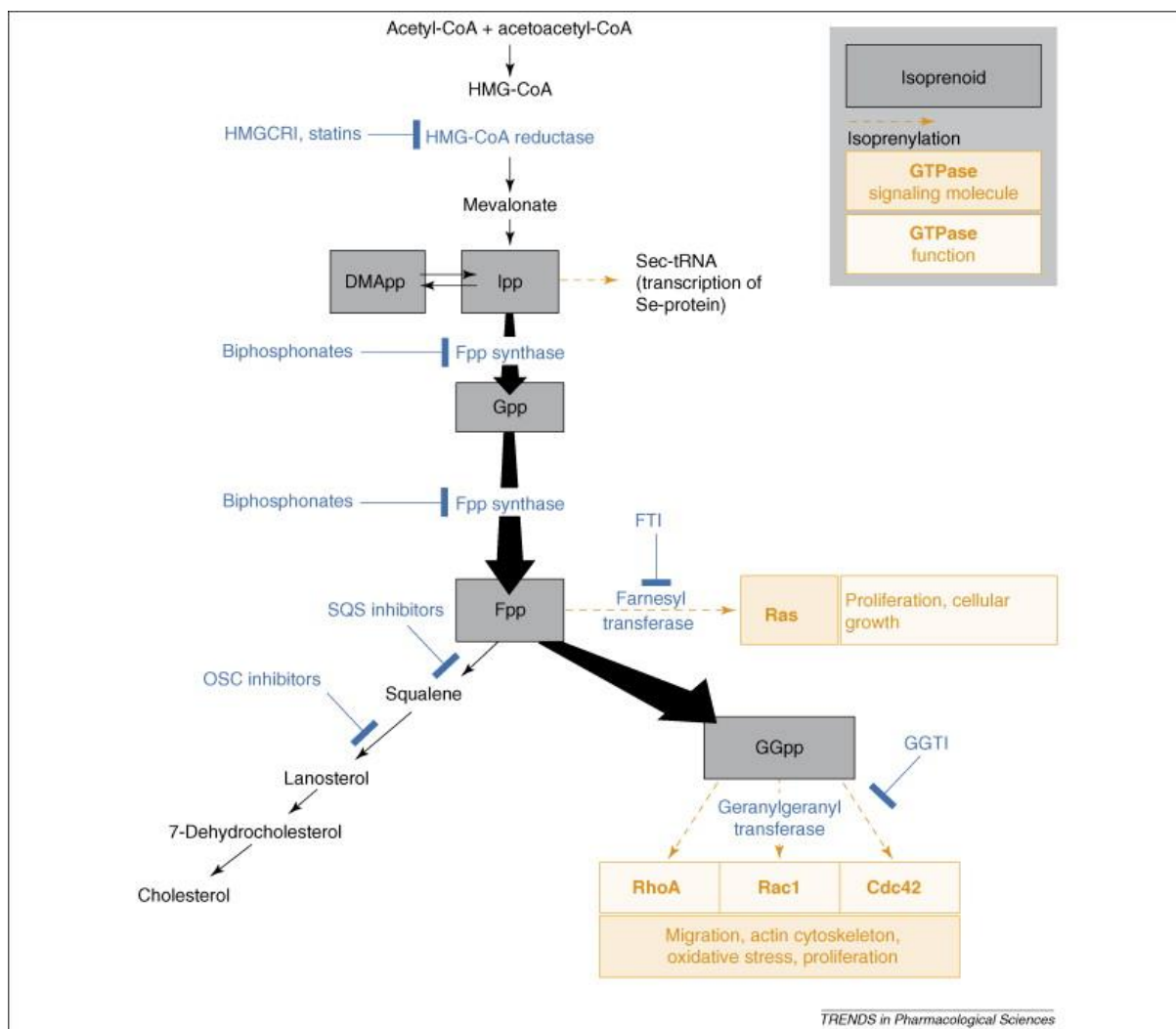




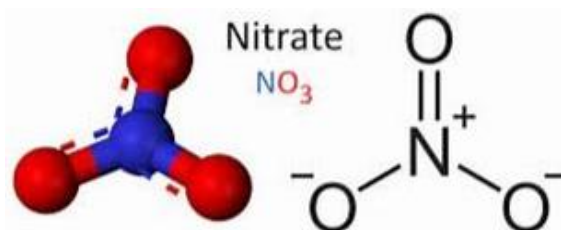
Statins work by competitively blocking the active site of the first and key rate-limiting enzyme in the mevalonate pathway (HMG-CoA

reductase enzyme), inhibition of this site prevents substrate access, thereby blocking the conversion of HMG-CoA to mevalonic acid.

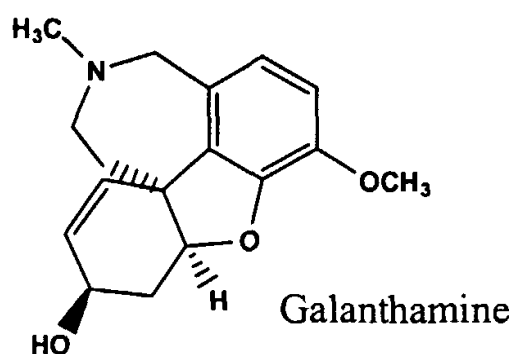
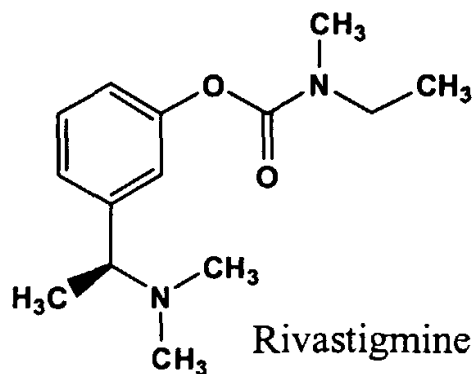
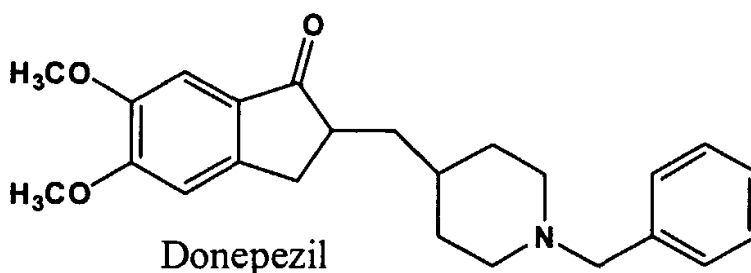
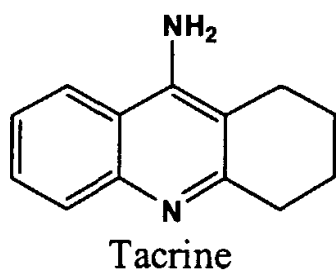




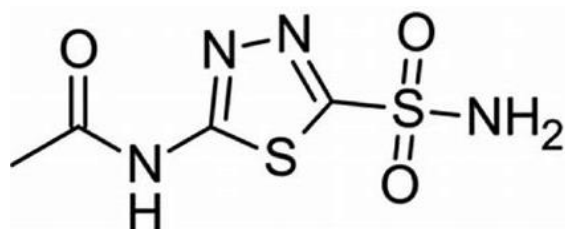
Organic nitrate esters have a direct relaxant effect on vascular smooth muscles, and the dilation of coronary vessels improves oxygen supply to the myocardium, the dilation of peripheral veins, and in higher doses peripheral arteries, reduces preload and afterload, and thereby lowers myocardial oxygen consumption, Mechanism of Action Phosphodiesterase inhibitors exert their effects on their targeted phosphodiesterase enzymes (PDE-3, PDE-4, PDE-5), preventing cGMP or cAMP degradation, further increasing their levels in smooth muscle cells, causing relaxation and vasodilatory effect in target cells.



AChE inhibitors or anti-cholinesterases inhibit the cholinesterase enzyme from breaking down ACh, increasing both the level and duration of the neurotransmitter action, according to the mode of action, AChE inhibitors can be divided into two groups: irreversible and reversible.



Acetazolamide is a carbonic anhydrase inhibitor. That means this drug works to cause an accumulation of carbonic acid by preventing its breakdown. The result is lower blood pH (i.e., more acidic), given the increased carbonic acid, which has a reversible reaction into bicarbonate and a hydrogen ion.



### 3. Conclusion

In conclusion, enzyme inhibition is a critical mechanism of action for many drugs used in the treatment of various diseases. Antibiotics, for instance, target key enzymes in microorganisms to stop their growth and proliferation, so the inhibition of some Enzymes indicate to the mechanism of action or mode of action for some Antibiotics and these Mechanisms tell us if the antibacterial are bacteriostatic or bactericidal.

Similarly, anti-hypertensive agents act on enzymes involved in blood pressure regulation that means any matters formed by enzymes and cause elevation in blood pressure treated by enzyme inhibitor, also any substance formed by enzyme and narrowing the blood vessels treated

by Enzyme inhibition and if presence matters causing contraction of the blood vessels inhibited by enzyme inhibition, and also some of anti-hyperlipidaemic reduce cholesterol levels by acting on different enzymes, understanding the mode of action of these drugs and how they affect enzymes is crucial for the development of new drugs and the optimization of existing therapies. Therefore, continued research in this area is imperative to enhance our knowledge of enzyme inhibition and its potential applications in drug development and treatment of diseases.

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