

The Analysis of the Positive Patterns in Education

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Abstract

Each individual is responsible for his or her own actions. Parents should guide their children to be responsible for their own behavior, but also take responsibility for their children actively. Through positive family education, parents engage in growth and reflection. With family education like this, parents get the result twice with half the effort. Parents need to actively seek out and use the positive patterns in the guide of family education. Parents need to find the root of the problem in family education and guide their children to grow up positively and healthily. The positive guide of family education can encourage more parents to take family education seriously and effectively.

Keywords: education, positive patterns, analysis

1. Introduction

Children are bound to have problems when they grow up. They may have problems at home, at school or in society. As guardians of their children, parents often have to deal with their children's problems. Faced with their children's problems, some parents consult education experts and teachers anxiously.

What is your first reaction as parents when something goes wrong with your child? It's child's responsibility simply? Parents think that it is just a matter of adjustment and change of their children? Parents' self-reflection or self-adjustment? Through their own adjustment and growth, adjust and grow together with their children?

2. The Responsibility of Parents in Education

2.1 The Importance of Family Education

The family education, as the quest for meaning in life, has been a timeless topic throughout history and nowadays. Confucius, the great educationist of our country, said: "Less is nature, and habit is nature." The family education and habits that child receives can affect him or her throughout his or her life. Friedrich Wilhelm August Fröbel, German educator and kindergarten founder, once said: "The fate of a nation is not so much in the hands of those in power, but in the hands of children's mothers. Therefore, we must try to enlighten the mother-the human educator." Sukhomlynsky, the Soviet educator, also suggested: "No matter how big your responsibilities are at work and no matter how complex and creative your work is, please remember that there is more important, complex and detailed work waiting for you in your home. That is educating your children."

In 1964, a research team led by professor James Kelman collected data on 600,000 students at 4,000 schools across the United States in the largest ever study of American education. They carried out an extensive analysis of the survey materials. In 1966, James Kelman submitted his report to Congress. This is the famous Kelman Report in the history of sociology. The Kelman Report came to a conclusion after collecting survey data on 600,000 students. More than 90% of the child's quality is determined by the parents. The main factor affecting the growth of children is the family.

2.2 Parents Take Responsibility for Children's Problems

General Secretary Xi Jinping stressed at the National Education Conference that families, schools, the government and the society should have the responsibility to do a good job in the family education. Family is the first school of children's life. The parents are children's first teacher. Parents should teach their children "the first lesson in life" and help them to "button their first button". Parents play an inestimable role in their children's family education and social development.

Children's problem is children's problem, but not just children's problem. Parents are responsible for the growth of their children firstly. The growing up and reflecting on parents can be easier for the family education. Parents should guide their children to be responsible for their own words and deeds. Parents also have to take responsibility for their children's problems. Parents are looking for the root cause of their child's problems. Are you being too hard on your kids or overindulged? Do parents lead by example in their daily lives? Parents don't give their children enough patience and guidance?

3. The Analysis of the Positive Patterns in Education

Bemmann, Canadian family therapist, once said: "It's not fair for parents to change their kids instead of changing themselves."

3.1 Patient Company and Build up a Sense of Security

The first thing parents need to understand is the importance of security for their children's development. The theory of psychoanalysis holds that parents (especially mothers) are important facts in the growth of children. When children are young, they experience security if

their parents give them enough love, constant, steady, consistent and reasonable love. Security can extend to trust in others and the world. Children can have self-esteem, confidence, certainty and control over reality and the future.

Humanistic psychology believes that security is the most important determinant of mental health and can be seen as a synonym for mental health. Psychological security is a feeling of confidence, security, freedom from fear and anxiety, especially a sense of meeting one's needs at present or in future.

The secure home that parents create for their children is a safe place from which the child can leave to actively explore and return to for psychological support in times of need. The guide of family education must teach parents to educate their children by example. Therefore, parents should constantly improve their own quality, to give their children more high-quality accompany.

3.2 Know Children's Need and Grow up Together

The solution of children's problem is the need for parents to understand themselves and their child. Parents can learn and reflect to what children want to do. Parents reflect on their own growth of the original family of their own ideas and methods of education, learning from each other. Parents can read books about family education. They may attend personalized online parents schools and experience sharing groups such as family education.

Parents reflect on the impact of the family they grew up in. This will not only help parents to realize the importance of the family of origin to their children, but also help them to solve their own problems in the education of their children and help them to solve their problems.

The Basic Education Department of the Ministry of Education and the Chinese Society of Education invited relevant experts to organize a family education manual to provide parents with a scientific and systematic study and operation programme. In the family education handbook, parents are not only aware of the typical psychological phenomena of children of all ages and the problems they have in their study and life, but also learn from parents' successes and failures in the field.

"Online parents' school" is created by a team of the family education researchers and experts. "Online parents' school" makes full use of the

internet and new media technology, integrating the resources of “Home-school club”, building a platform for parents’ exchange, providing multi-directional services such as parents’ classes, famous schools’ classes and general knowledge of child-rearing, to fully support the high quality development of the family education. “Online parents’ school”, which allows parents to grow with their children through online personalized learning, is a useful complement to improving the quality of child discipline and bringing real change to the family.

Some schools have set up parent groups such as the “Parents’ escort”, the “Hot mom coalition” and the “Dad’s Club”. Parents and schools become a harmonious and symbiotic community of ecological education. Let the parents in addition to leading the child discipline, also into the school education. This can grow together with the child.

3.3 Multi-Party Coordination and Positive Guidance

General Secretary Xi Jinping has made many important remarks on family, family education and the building of family culture. He points out that only when every family is well, can the state and the nation be well. He stresses that the family is the first classroom life. Parents are the first teachers of children. What kind of tutor, what kind of person. Family customs are an important part of social customs.

The original family is not optional, but its influence on children’s physical and mental development is far-reaching. Family is the source of each person’s initial knowledge. From learning to walk and talk, behavior style and life style, to the formation of interpersonal communication mode and value outlook on life, all come from the influence of children’s original family. The education given by the original family is the knowledge frame, the idea frame, the explanation frame and the behavior frame of the children in the society. It is the core power of the children’s psychological growth.

At present, there are some problems in the family education, such as some parents lack a scientific educational concept, lack of educational ability and so on. How can the family education be conducted scientifically and effectively? This has been a common concern of the society, the government, the school and the family.

The law of the People’s Republic of China on the

promotion of the family education proposes that family education should be incorporated into professional training for teachers to help parents master scientific family education methods and enhance their family education capabilities. Primary and secondary schools, kindergartens can make attention to the family education together. Primary and secondary schools should regularly organize family education guidance services and practical activities. Primary and secondary schools and kindergartens that meet the conditions shall provide support for the development of public welfare family education guidance and service. Primary and secondary schools and kindergartens should, in accordance with the needs of parents, invite relevant personnel to impart child discipline ideas, knowledge and methods, and organize child discipline guidance services and practical activities to promote family and school education.

4. Conclusion

In this world, everyone is unique. Children may have problems. The problems behave similarly, but the causes of the problems vary from person to person. Parents should actively seek and flexibly use all kinds of educational methods, accompanying with their heart, teaching by example and guiding their children to find the crux of the problem.

According to the humanistic psychology, people have the ability to direct their actions and take responsibility for the way they are. So do the parents, so do the children. Each individual is responsible for his or her own actions. Before the child becomes an adult, parents should not only guide the child to take responsibility for their own behavior, but also practice positive responsibility for the child. It’s also an important part of being responsible for oneself. Not only children should be responsible for their own problems, but also parents should be responsible for their children’s problems. The positive guide of family education can encourage more parents to take family education seriously and effectively.

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